

New Jersey Society for Clinical Social Work  
Presents



“Relational Gestalt Therapy  
FROM CONFRONTATION TO CONTACT”

Presented by:  
Andy Lapides, MSW, LCSW, BCD

**2 Clinical CEUs** provided by the NJSCSW, a recognized provider of Continuing Education Units by the NJ State Board of Social Work Examiners (The workshop will be via ZOOM: online workshop)

*CEUs are Free to Members, \$60.00 for Non-Members (if no CEUs needed, attendance is free, donations welcome)*

**Date:** Sunday, Jan. 16, 2022

**Time:** 11:00 AM – 1:00 PM

In the 1960s and 1970s, the heyday of the human potential movement and humanistic psychology, many therapists in the United States were exposed to the novel approaches to psychotherapy championed by gestalt therapy.

The confrontational style of Fritz Perls, one of the co-founders of gestalt therapy, demonstrated in what is known as the “Gloria Film” (seen by many during graduate training) was shocking, creatively brilliant, and ethically concerning to say the least.

Beginning in the 1980s, gestalt therapy evolved beyond the confrontational “hot seat” (made famous by Perls’ theatrics) and has moved toward a more contactful “relational gestalt therapy”.

Relational gestalt therapy is an ethical turn toward valuing the primacy of a co-created, embodied, relationship within an applied-phenomenological practice.

**Educational Objectives:** Upon completion of this activity, participants will:

1. Identify key aspects in the evolution of gestalt therapy.
2. Successfully compare and contrast classical gestalt therapy and modern relational gestalt therapy.
3. Understand the connection and influence of contemporary psychoanalysis, particularly the intersubjective and relational perspectives.

Andy Lapides is a clinical social worker and psychotherapist in Morristown, New Jersey. Andy studied gestalt therapy at the Gestalt Center for Psychotherapy & Training (GCPT) in New York City and at the Pacific Gestalt Institute (PGI) in Los Angeles, California.

**Mission and Goals.** Promote professional excellence through affordable seminars, peer support and mentoring, journals, and newsletters. Protect the rights of Clinical Social Workers and their clients by monitoring the activities of HMOs, Insurance Plans and Legislative action and advocating on their behalf. Actively work to promote and enhance the image of Clinical Social Work and the development/enhancement of prerogatives for Clinical Social Workers and their clients in keeping with standards set for other mental health professionals.

**Membership includes 8 hours of free CEU seminars per year**

**Cost:** No charge for NJSCSW members to attend the workshop, \$60 fee for non-members

**RSVP:** Email: Jan Markham at [jan@1destin.com](mailto:jan@1destin.com)

*\*\* Please provide contact information (email/phone #) and membership info w/your RSVP. \*\**

**The ZOOM online workshop instructions will be emailed to you prior to the workshop.**