

New Jersey Society for Clinical Social Work
Presents



"The Elephant Not in the Room:
Will Psychoanalysis Survive the Screen?"

Presented by:
Leora Trub, PhD.

2 Clinical CEUs provided by the NJSCSW, a recognized provider of Continuing Education Units by the NJ State Board of Social Work Examiners (The workshop will be via ZOOM: online workshop)

CEUs are Free to Members, \$60.00 for Non-Members (if no CEUs needed, attendance is free, donations welcome)

Date: Sunday, March 19, 2023

Time: 11:00 AM – 1:00 PM

What is central to the analytic endeavor and the frame it creates? What can we shift, or even eliminate, without undermining what is core to analytic work? Before the pandemic, there was a widely held conviction among psychoanalysts that being two bodies in close proximity was essential to the analytic encounter. While most of us gradually incorporated digital technology into our work in various ways, we were reticent to adopt screens as an equivalent alternative to in-person therapy. The pandemic changed all of that overnight. Now, three years later, some are back at the office, many continue to work remotely and some never plan to return. What unconscious forces are at play in these decisions? When might using zoom be a delinquency and when is it simply a professional choice? This talk will invite the audience to consider these questions and grapple with the meanings and implications of our actions today on psychoanalysis of tomorrow.

Educational Objectives: Upon completion of this activity, participants will:

1. Be able to identify at least three ways that screens impact the clinical encounter with different patients.
2. Identify systemic and social factors that contribute to the decision to return to the office or remain remote.
3. Consider how their own vulnerabilities and unconscious fears may contribute to how they use screens in conducting treatment.

Leora Trub, Ph.D., is Associate Professor at Pace University's doctoral program in School/Clinical-Child Psychology and a practicing clinical psychologist. Her primary research interests involve how identity development, relationship formation and psychological well-being are impacted by digital technology, and the role of technology in psychotherapy and psychoanalysis. She has published extensively on these and other topics in various journals, including in *Psychoanalytic Psychology* and *Psychoanalytic Perspectives*.

Mission and Goals. Promote professional excellence through affordable seminars, peer support and mentoring, journals, and newsletters. Protect the rights of Clinical Social Workers and their clients by monitoring the activities of HMOs, Insurance Plans and Legislative action and advocating on their behalf. Actively work to promote and enhance the image of Clinical Social Work and the development/enhancement of prerogatives for Clinical Social Workers and their clients in keeping with standards set for other mental health professionals.

Membership includes 8 hours of free CEU seminars per year

Cost: No charge for NJSCSW members to attend the workshop, \$60 fee for non-members

RSVP: Email: Jan Markham at jan@1destin.com

*** Please provide contact information (email/phone #) and membership info w/your RSVP. ***

The ZOOM online workshop instructions will be emailed to you prior to the workshop.